

AMHIC MEMBER RESOURCES

Contact Information for Members of AMHIC

Phone Numbers

Website

PPO and Network Only Medical Plans

NCAS (Claims Administrator) Customer Service Group # AMHIC (all networks) Cobra Contact: Jean McCorkle - does not have a direct number but can be reached by calling 800-434-3024	800-434-3024 Hours: Mon-Thur 8:30am to 6:00pm EST Friday 8:30am to 5:00pm EST	www.ncas.com Dedicated # for AMHIC PPO & Network Only participants
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To verify provider participation, call the networks directly or access them from www.amhic.com - click on "Forms & Links" tab

OneNet PPO	800-342-3289 Hours: 24 hours a day, 7 days a week	www.onenetppo.com Select OneNet PPO, LLC
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CareFirst PPN/PPO Network	800-235-5160 Hours: Mon-Fri 7:00am to 7:00pm EST Saturday 8:00am to 1:00pm EST	www.carefirst.com Click on "Members & Visitors" and then click on "Find a Doctor." The medical plan to select would be "Preferred Provider Organization (PPO/Blue Preferred/Select Preferred)" or "Preferred Provider Network (PPN)" If selecting the Preferred Provider Organization, Do not select the National/International BlueCross BlueShield Directory (PPO).
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PHCS Network	888-901-7427 Hours: Mon-Fri 7:00am to 7:00pm CST	www.phcs.com Select PHCS Network (PPO)
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Prescriptions (PPO & Network Only Plans):

ExpressScripts Group # CFRE	800-451-6245 (Customer Service) Hours: 24 hours a day, 7 days a week 888-772-5188 (To confirm/opt out of Select Home Delivery) Hours: Mon-Fri 7:30am to 5:30pm CST	www.expressscripts.com
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Health Advocate (PPO & Network Only Plans):

Health Advocate Services (Addresses health care & insurance-related issues for PPO & Network Only participants) Group Name: Association Mutual Health Insurance Company	866-695-8622 Hours: Mon-Fri 8:00am to 9:00pm EST	www.healthadvocate.com
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Hospitalization Pre-Certification (PPO and Network Only Plans):

InforMed	866-475-1256 Hours: 8:30am to 5:00pm EST	www.informed-llc.com
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Kaiser Permanente Select HMO Medical Plan

Member Services: Info on benefits, available services, facility hours, vision & prescription drug program Group #10035	888-225-7202 (Member Services) Hours: Mon - Fri 7:30am to 5:30pm EST Medical Advice/Appointments/Cancel Appointments (24 hours a day)	www.kaiserpermanente.org
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Dental Plans

MetLife Dental Group #101456	800-942-0854 Hours: Mon-Fri 8:00am to 11:00pm EST	www.metlife.com/dental
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Additional Voluntary Plans*

UnitedHealthcare Vision* Group #4232	800-638-3120 Hours: Mon - Fri 7:00am - 10pm CST	www.myuhcvision.com
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Legal Resources*	800-728-5768 Hours: Mon-Fri 8:30 am - 5:30 pm EST	www.legalresourcesplan.com
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MetLife (Basic & Supplemental Life Insurance)*	1-800-638-6420 Hours: Mon-Thur 8:00am to 8:00pm EST Friday 8:00am to 5:00pm EST	www.metlife.com/life
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APS Healthcare (Employee Assistance Program)* Company Code: AMHIC	800-765-0770 Hours: 24 hours a day, 7 days a week	www.apshelplink.com
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ConnectYourCare (Flexible Spending Account)*	877-292-4040 Hours: 24 hours a day, 7 days a week	www.connectyourcare.com
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*** Please check with your Benefit Manager to confirm whether or not your association offers any AMHIC voluntary plans.**