

Eligible FSA Expenses

There are hundreds of eligible expenses for your FSA funds, including prescriptions, over-the-counter medications, doctor office co-pays, health insurance deductibles, and coinsurance. FSA funds may even be used for eligible expenses for your spouse or tax dependents.

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limb
- Automobile modifications for a physically handicapped person
- Birth control pills
- Blood pressure monitoring device
- Braille books & magazines (above the cost of regular printed material)
- Chiropractic care
- Christian Science practitioner
- Contact lenses & related materials
- Crutches
- Dental treatment
- Dentures
- Diagnostic services
- Drug addiction treatment
- Eye examination
- Eye glasses & related materials
- Fertility treatment
- Flu shot
- Guide dog or other animal aide
- Hearing aids
- Hospital services
- Immunization
- Insulin
- Laboratory fees
- Laser eye surgery
- Medical testing device
- Nursing services
- Obstetrical expenses
- Organ transplant
- Orthodontia (not for cosmetic reasons)
- Over-the-counter medications (see separate list for details)
- Oxygen
- Physical exam
- Physical therapy
- Prescription drugs
- Psychiatric care
- Smoking cessation program
- Surgery
- Transportation for medical care
- Weight loss program to treat obesity
- Wheelchair

Use your Flexible Spending Account for hundreds of qualified expenses.



Ineligible FSA Expenses

These items are never eligible for tax-free purchase with FSA funds.

- Cosmetic surgery
- COBRA premiums
- Exercise equipment
- Fitness programs
- Funeral expenses
- Hair transplants
- Household help
- Illegal operations and treatments
- Insurance premiums
- Long-term care premiums
- Maternity clothes
- Retiree medical insurance premiums
- Teeth whitening

Eligible Over-the-Counter FSA Expenses

Your FSA can also be used for some over-the-counter (OTC) items. The OTC items covered include many medical devices and other non-medicinal healthcare products. ***This list is subject to change.***

Please see www.connectyourcare.com/otc for updated information.

- Acne creams
- Anesthetic mouth gels and rinses
- Anti-itch creams
- Antiseptics
- Bandages and dressings
- Contact lens solutions
- Crutches
- Eye drops
- Eye patches
- Insulin
- Prenatal vitamins
- Reading glasses
- Smoking cessation products
- Sunburn creams/sun block
- Wart and corn removers

Eligible Only with Prescription*

- Allergy prevention/treatments
- Antacids and acid reducers
- Cold and flu medicines
- Cold sore remedies
- Decongestants
- Oral pain relievers
- Orthopedic shoe inserts
- Pain and fever relievers
- Sinus medications
- Snoring cessation aids
- Vitamins, herbal and fiber supplements
- Weight loss and dietary supplements

* A "prescription" means a written or electronic order for a medicine or drug that meets the legal requirements of a prescription in the state in which the medical expense is incurred and that is issued by an individual who is legally authorized to issue a prescription in that state.

Ineligible Over-the-Counter Expenses

These items are never eligible for tax-free purchase with FSA funds.

- Cosmetics
- Denture supplies
- Deodorant
- Moisturizers and wrinkle creams
- Sun tan lotions
- Toothpaste, toothbrushes, and mouth wash
- Tooth whitening products
- Vitamins taken to improve overall health
- Vitamins and herbal supplements